

Rocky Topper Adventure Tour

Offered Saturday at 10 am central time without a reservation, by making a reservation at least 10 days in advance for any other day/time, or included in some of our Overnight Adventure Packages.

Minimum Age Requirement: 6 years old

Tour Duration: Approximately 2 hours

The Rocky Topper Adventure Tour is the perfect introduction to caving!

Planning For Your Caving Trip:

Helmets and helmet lights are provided by Cumberland Caverns for use on this tour. Everyone participating in this tour must take a test crawl through “The Box” (14-inches tall, by 33-inches wide). This box was created to represent the smallest spaces everyone will be crawling through. Participants may bring their own camera and/or additional light source on this tour, however it is not necessary. In addition, please keep in mind that any type of camera or phone could end up broken – take them at your own risk. Chewing gum, food, drinks, and laser pointers are prohibited.



What To Expect:

Your guide will take you to the helmet room to grab a helmet, then turn on the headlamp to begin your trek to the back of the historical Ten Acre Room. Start off by climbing up and down ladders, and then prepare to do a lot of crawling on your hands, knees, belly, and even scooting on your side through tight passageways such as the Lemon Squeezer. Tighten up your shoe laces as you prepare to tackle the unforgettable “Bubblegum Alley”, test your balance on the “Tight Rope” mud formation, and walk carefully up the scales on the “Dragon’s Back”, then slide down our natural formed mud slide to complete this tour.

You can expect to have A LOT of FUN and MEMORIES you’ll never forget!!



What To Wear For This Tour:

We recommend wearing clothes and shoes that you do not mind getting muddy/wet, stained, or torn. We suggest a T-shirt or thin, long sleeves and we require long pants/jeans (not shorts). We also require sturdy, lace up, closed-toe shoes or boots. You may also wish to bring a change of clothes/shoes for after the tour is complete, to keep the inside of your vehicle from getting muddy. We do not recommend wearing jewelry, such as necklaces or bracelets, on this tour. We also recommend kneepads/gloves to wear on this tour. You may bring bottled water with you for this tour. Helmets and headlamps will be provided for use on the tour

For additional questions or to make a reservation, please contact us:

931-668-4396

rsvp@cumberlandcaverns.com

THE WALKING TOUR

Offered daily, every hour on the hour from 9am-5pm central time without a reservation and included in some of our Overnight Adventure Packages.

Minimum Age Requirement: None
Tour Duration: Approximately 1.5 hours
Tour Difficulty: Mildly Strenuous

For this tour, you are in the commercial portions of the cave – there is electricity and no need for helmets, headlamps, crawling, climbing, or getting muddy. Guests will view some of the largest rooms and passageways on this tour, the world-famous Volcano Room, one of our waterfalls and gleaming pools; while hearing about the history and legends of the caverns, some of the men who explored it, and information about the formations you see.

This tour is approximately 1 ½ hours long, guests will be walking 1 ½ miles in distance total.



This tour is considered mildly strenuous – the paths on this tour are uneven, there are steep uphill/downhill slopes, bumps, and a couple of different sections where stairs are involved.

One specific area on this tour, participants cross up and over a mountain inside of the cave to see our light show. There is a total of 350 uneven, hand-carved stone stairs used to

cross the mountain in this section of the tour. When the light show ends, participants will cross back over, to return to the front of the mountain. After returning to the front of the mountain, guests will go down a separate area that contains less than 30 uneven steps.

This tour is guided and everyone in the group must stay with their tour guide the entire duration of the tour. Nobody is allowed inside of the cave without a guide or allowed to leave from the group without accompanied by a guide.

We recommend wearing lace up shoes best suited for walking or hiking (no sandals/flip flops). The cave is 56 degrees Fahrenheit year-round with 99% humidity. Some guests feel cool immediately upon entering the cave, but warm up after a few minutes of moving around. If you wish, you can bring a thin, long sleeve shirt or jacket.

Please note: The cave is not handicap accessible due to the uneven pathways, stairs, steep uphill and downhill slopes, and there are some areas that do not have handrails. Strollers, wheelchairs, etc. will not make it through the cave. We strive to keep the cave as natural as possible, but make it safe for our guests to enjoy.