

CUMBERLAND CAVERNS ITINERARY FOR WHAT WAITS BELOW OVERNIGHT ADVENTURE

located in the *Central Time Zone*

Saturday - Sunday Schedule

- **Eat prior to arriving!** Dinner may not be served until both tours are completed for the night.
- **5:30PM (central time):** One group leader will check-in the entire group at the gift shop when everyone in the group has arrived. *Please remember, we cannot guarantee anyone that arrives late will make the tour.* Then, your guide will take you to the cave to locate your camp site in the Ten Acre Room. Please note that once entering the cave you will be unable to leave – cave doors will be locked for the night. So, please bring all medications and provisions necessary for the night with you before entering the cave.

****Please Note: The Walking Tour and the Adventure Tour may or may not be done in the following order (below). It depends on various factors - such as how many people are here the same night as you.****

- **6:00PM: Your adventure begins!**
 - First, please change into clothes you do not mind getting muddy and your knee pads/gloves (*optional*) for the Rocky Topper adventure tour.
 - You will walk to the helmet room where your guide will help you adjust helmets/headlamps that we provided for use on the Rocky Topper adventure tour.
 - After getting your helmet and headlamp, you must crawl through our “test box” (roughly 14-inches tall by 33-inches wide) to go on the adventure tour – this is to simulate the smallest spaces you will experience while on the tour.
 - After everyone has crawled through the “box” you will begin your 1.5-2 hour Rocky Topper adventure tour!
- **7:30PM-8:00PM:** Grab a light snack (*or purchase dinner, if it is ready*) from the snack bar, before leaving out on your 1.5 hour Walking Tour. *You do not have to crawl through the box to go on the walking tour.*
- **9:30PM:** Arrive back at your campsite. Food will be available at the snack bar during this time.
- **12:00AM: All lights out in cave** - Please carry your personal flashlight at all times during lights out. Additionally, please be considerate of others that are sleeping. These are considered quiet hours, so we request that you do not begin packing up your campsite until the wakeup call.

The Following Morning:

- **7:45AM (central time): Wake up call.** Complimentary breakfast will be at the snack bar. Please begin packing up your campsite and gather all of your belongings after you have eaten breakfast. Everyone will be taken out of the cave around 8:45AM central time.

PLEASE NOTE THAT THE TIMES LISTED ON THE ITINERARY AND TOUR DURATIONS ARE APPROXIMATE.

THESE TIMES WILL VARY DEPENDING ON GROUP SIZES, HOW EVERYONE DOES ON THE TOURS, etc.

HAPPY CAVING!!!!